



CERTIFICATE OF COMPLETION

2013 Delaware Trail Marathon



Be it known to all by these Presents that on Saturday, April 27th, 2013,

(insert survivor's name here)

having signed a Waiver accepting full responsibility for his or her own poor Judgment and any adverse Consequences arising from it, did then run and complete said Trail Marathon over terrain that the organizers sportingly call a "course" of 26 miles and 385 yards and more, featuring numerous Hills, multiple river crossings, plentiful Mud, Rocks, Roots, Fallen Trees, Tick-Infested Meadows, Brambles, Poison Ivy and various other Hazards and Impediments at White Clay Creek State Park in Newark, Delaware.

Whereas this was not a typical Church Picnic, the aforementioned Marathoner is therefore Entitled to any and all Perquisites, Emoluments and bragging Rights that may accrue from this Achievement.

to wit, this most elegant Certificate; fond Memories of a moist natural Experience; ruined Shoes; any acquired Blisters, Abrasions, Sprains, Fractures, Rashes, parasitic Infections and/or other Injuries to Body and/or Dignity for which the aforementioned Survivor did pledge not to sue the organizers; not to mention the incredulity of worried Friends and Relatives that anyone of allegedly sound Judgment would voluntarily subject themselves to such an Experience.

John Mackenzie, Race Director
Trail Dawgs & Head of Christiana Presbyterian Church